



# *Dining Senior Style*

at the Sterling Heights Senior Center

## **Wednesdays**

**Tickets sold 9:00 a.m. – 11:30 a.m.**

(Meal tickets available at front desk and are first come first served)

**Food served approx. 11:30a.m.**

Anyone 60 years of age and over can receive a meal for a suggested donation of \$3 per meal (\$6.50 for those under the age of 60). This program is brought to the Senior Center thanks to a partnership with the Macomb Community Action - Office of Senior Services.

## **August Dining Senior Style Menus**

*(Menu items may be subject to change without notice)*

-  **Wednesday, August 7** – Ham, Turkey & Cheese Sub, Marinated Cucumber/ Onion/ Tomatoes, White Bean Soup & Apple
-  **Wednesday, August 14** – Stuffed Green Pepper, Mashed Potatoes, Green Salad, Roll & Mixed Berries w/ Whip Topping
-  **Wednesday, August 21** – Stuffed Shell, Brussel Sprouts, Bean Salad, Blueberries w/ Whip, Italian Bread & Peanut Butter Cookie
-  **Wednesday, August 28** – Lasagna Roll Up, Carrots, Salad, Strawberries w/ Whip Topping & Italian Bread