



Dining Senior Style

at the Sterling Heights Senior Center

Wednesdays

Tickets sold 9:00 a.m. – 11:30 a.m.

(Meal tickets available at front desk and are first come first served)

Food served approx. 11:30 a.m.

Anyone 60 years of age and over can receive a meal for a suggested donation of \$3 per meal (\$6.50 for those under the age of 60). This program is brought to the Senior Center thanks to a partnership with the Macomb Community Action - Office of Senior Services.

September Dining Senior Style Menus

(Menu items may be subject to change without notice)

-  Wednesday, September 4 – Pasta Toscana w/ Italian Sausage & Veggies, Green Beans, Garden Salad w/ Ranch Dressing, Italian Bread & Watermelon
-  Wednesday, September 11 – Chicken Cacciatore, Brussels Sprouts, Carrots, Dinner Roll & Blueberries w/ Whip Topping
-  Wednesday, September 18 – Open Face Roast Beef Sandwich, Mashed Redskin Potatoes, Broccoli Salad, Applesauce & WW Bread
-  Wednesday, September 25 – Stuffed Pepper, Mashed Redskin Potato, Garden Salad w/ Italian Dressing, Pineapple Bits, Roll & Birthday Cake

