



Dining Senior Style

at the Sterling Heights Senior Center

Mondays & Wednesdays

Tickets sold 9:00 a.m. – 11:30 a.m.

(Meal tickets available at front desk and are first come first served)

Food served approx. 11:30 a.m.

Anyone 60 years of age and over can receive a meal for a suggested donation of \$3 per meal (\$6.50 for those under the age of 60). This program is brought to the Senior Center thanks to a partnership with the Macomb Community Action - Office of Senior Services.

March Dining Senior Style Menus

(Menu items may be subject to change without notice)

-  **Monday, March 2** – Hawaiian Meatballs Over Rice, Cheesy Cauliflower, Brown Bean Salad, Peaches & Dinner Roll
 -  **Wednesday, March 4** – Turkey Enchilada Casserole, Refried Beans, Marinated Cauliflower Salad & Mandarin Oranges
 -  **Monday, March 9** – Sweet & Sour Chicken Over Rice, Vegetable Egg Roll & Mandarin Oranges w/ Pineapple
 -  **Wednesday, March 11** – Stuffed Cabbage, Mashed Potatoes, Garden Salad, & Strawberries Over Angel Food Cake
 -  **Monday, March 16** – Chicken Pasta Primavera, Green Beans, Orange & Dinner Roll
 -  **Wednesday, March 18** – Breaded Chicken Entrée Salad, Minestrone Soup, Pear & Pita Bread
 -  **Monday, March 23** – Teriyaki Chicken Breast, Winter Squash, Green Bean, Apple & WW Bread
 -  **Wednesday, March 25**- Roast Pork w/ Gravy, Garlic Mashed Potatoes, Creamy Confetti Coleslaw, Warm Berry Cobbler & Corn Bread
 -  **Monday, March 30** – Turkey ala King Over Biscuit, Brussels Sprouts, Marinated Carrots & Strawberries w/ Whip Topping
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